Responsibilities of Instructor Trainers include the following:

- Maintain current AWHONN membership at all times
- Teach at minimum of one Intermediate Instructor Course annually
- Serve as resource and mentor for Instructor and Instructor Trainer colleagues
- Teach a minimum of one Intermediate and one Advanced FHM course during each two-year period following completion of the Intermediate Instructor Course (expectation is to teach a minimum of 25% of each course)
- Evaluate a minimum of one Intermediate or one Advanced Course Teachback within a two year period

If you are currently serving as an Intermediate and Advanced Designated Instructor teaching both the Intermediate and Advanced Courses, this is an excellent opportunity for you to expand your role by becoming an Instructor Trainer.

Philips Healthcare

Philips Healthcare has renewed a one-year educational grant to support AWHONN’s Intermediate and Advanced Fetal Monitoring (FHM) courses. The Philips grant will support AWHONN’s work to continue providing important fetal heart monitoring education to perinatal clinicians.

New in 2012, Philips will profile three nurses in its “Sharing Success Stories” campaign. The nurses’ stories will showcase how the FHM program has made a positive impact on the care they provide.

“Philips believes every mother and baby deserves the best care possible – before, during and after a newborn enters the world – and we are delighted to continue supporting AWHONN’s efforts to improve fetal heart monitoring,” said David Russell, vice president and general manager, Mother and Child Care, for Philips Healthcare. “We understand that addressing the challenges of interpreting fetal heart rate and uterine activity, for example, can’t be addressed by product innovations alone. We are pleased to stand behind this initiative to help clinicians better care for patients.”

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AWHONN Fetal Heart Monitoring (FHM) Instructors truly make a difference in helping AWHONN’s FHM Program stand above the rest. AWHONN Headquarters is pleased to announce the development of an Instructor Recognition and Incentive Program. During 2012 the FHM Team will acknowledge and highlight the involvement and significant contributions that AWHONN Instructors have made to the FHM Program.

To show our appreciation, we will highlight Instructors who are current AWHONN FHM Instructors in good standing through:

- Maintaining uninterrupted membership with no lapse subsequent to becoming an AWHONN Instructor
- Maintaining an overall evaluation score of 3.0 (4.0 for Instructor Trainers) or above
- Maintaining teaching status according to applicable Instructor Levels

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AWHONN Fetal Heart Monitoring (FHM) Instructors

- Evaluating Teachback courses (applies to Designated Instructors and Instructor Trainers only)
- Holding AWHONN Instructor or Instructor Trainer status for a minimum of three consecutive years.

The recognition will include a special appreciation gift, acknowledgement in various AWHONN publications, to employers and in employer publications, as well as to AWHONN section leaders.

Congratulations to our first quarter recipients!

Michelle S. Flanagan, RNC, BSN
Designated Instructor (Advanced and Intermediate)
Lexington, South Carolina

Karen P. Langston, MSN, RNC-OB, C-EFM
Instructor Trainer
Brenbrook, Texas

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AWHONN is pleased to announce a call for Fetal Heart Monitoring Instructor Trainers. Instructor Trainers are experienced FHM Instructors who educate, mentor and support their colleagues who wish to become Instructors. These appointed Instructor Trainers teach the Instructor Course, the Intermediate and Advanced Fetal Monitoring Courses and validate teach-back presentations of new Instructor Candidates. Candidates for the Instructor Trainer level must complete an application package in order to be considered. The deadline for all applications and associated materials is July 3, 2012.

A selection committee will review all applications using the criteria listed below. Candidates will be notified of the final decision in October 2012. To download the full application package, please visit the AWHONN website at www.awhonn.org/fhm (Instructor’s Section) to login.

Criteria:
- Current AWHONN membership
- At minimum a bachelor’s degree in nursing
- Experience teaching both the AWHONN Intermediate Fetal Monitoring Course and the Advanced Fetal Monitoring Course (at least two Intermediate and two Advanced courses within the three years prior to the application for Instructor Trainer)
- At minimum, five years clinical experience in the perinatal area utilizing FHM
- Current clinical involvement in fetal heart monitoring (FHM)
- Responsibility for evaluation of FHM and competencies of others
- Formal non-AWHONN FHM teaching experience (60 hours within the three years prior to the application)
- Maintenance of a 3.5 or higher average (computed by AWHONN from participant feedback) as an AWHONN FHM Instructor
- Participation in intrapartum and FHM professional development activities in the 3 years prior to the application
- Two letters of support describing teaching and organizational capabilities in reference to the FHM courses. (Letters from AWHONN FHM Instructors who have had the opportunity to observe the applicant teaching AWHONN FHM courses. If the applicant teaches alone, a letter from a past participant is acceptable and an explanation should be included.)

To complete the transition from Instructor to Instructor Trainer, candidates chosen by a selection committee and approved by AWHONN must successfully teach the Intermediate Instructor Course under the supervision of a senior/experienced Instructor Trainer.

Contact us at fhm@awhonn.org
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Instructor Recognition and Incentive Program

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- We Want to Hear From You
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- Compliance with Conflict of Interest/Disclosure Statements Requirement
- Modification of Criteria for FHM Intermediate Courses
  Attributions
  pages 5
- Checklist for Instructors Teaching the Advanced Course
  pages 6-7
- Intermediate Course Cheat Sheet
  pages 8-10
- In-Depth & Hands-On Learning at the 2012 AWHONN Convention
  page 10
- High-Risk & Critical Care Obstetrics, 3rd Ed.
  page 11
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Advanced Course Qualification Documentation for Instructors Trainers and Advanced Designated Instructors

We have created a form entitled “AWHONN Verification Form for Advanced Instructor Candidate Qualifications”. This form is to be used by Instructor Trainers and Advanced-Designated Instructors to assist with the prescreening of Instructors interested in moving forward to teach the Advanced Course.

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Compliance with Conflict of Interest/Disclosure Statements Requirements

We continue to monitor FHM Course participants responses to the question on their scan form related to Instructors’ disclosing the presence and/or absence of relevant financial relationships with entities that provide goods or services mentioned during the FHM courses. Examples of such relationships would include Instructors who provide educational or consultation services for FHM vendors or who teach programs for other companies that offer FHM Courses. Remember that slides and script have been added to the Intermediate and Advanced FHM Course materials (in the Student Materials and in the Instructor Course materials) to ensure a “bookmark” for Instructors to make the disclosures.

Please remember that the disclosure statements are an ANCC requirement for our continued privilege of offering contact hours of CNE for these courses.

Below are the statistics obtained from the participant feedback forms for the period November 1, 2011 to February 1, 2012.

Advanced FHM Course
Was disclosure (financial relationships/unapproved or unlabeled uses of drugs or products) made available to you in either the handout materials or by the speaker during the presentation?
 Yes: 95.11% (1147 responses)
 No: 4.89% (59 responses)

Intermediate Instructor Course
Was disclosure (financial relationships/unapproved or unlabeled uses of drugs or products) made available to you in either the handout materials or by the speaker during the presentation?
 Yes: 94.44% (51 responses)
 No: 5.56% (3 responses)

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Congratulations and Welcome to the New FHM Instructors!
December 1, 2011 through April 1, 2012

Camille Acuna
Brooke Allen
Susan Camp
Jennifer Cannon
Debra Carse
Shasta Clark
Yvonne Dobbrenga
Pamela Dunn-Obri
Cathleen Emery
Kristi Faust
Jeffrey Fouche
Heather King
Enid Kreiner
Shawndel Laughner
Kathryne LeMieux
Dyana Leteff
Tracie Matherne
Nancy Mimm
Debra Moon
Lynda Moon
Lindsay Moore
Stephanie O’Brien
Darcel Paschen
Kimberly Ruby
Dawn Salazar-Thibodeau
Lena Shobe
Tami Such
Beatrice Thomas
Amy Vogt
Sonya Wallace
Kimberly Walls
Christel Walters
Cynthia Yonkman

We Want to Hear From You
Instructors may use the quarterly publication The Beat Goes On to correspond with other Instructors regarding FHM Program helpful hints, updates, information, and retirement announcements. In order to have information included in the next issue, please submit information no later than July 12, 2012 to fhm@awhonn.org. In the subject line of your e-mail, please type Beat Goes On submission. Please keep announcements brief allowing for a maximum of 100 words or less. If you have any further questions or concerns, please write us at fhm@awhonn.org.

Disclaimer: AWHONN reserves the right to determine if content submitted is appropriate for the newsletter. Information posted should be related to the Fetal Heart Monitoring Program.
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Kathryne LeMieux
Dyana Leteff
Tracie Matherne
Nancy Mimm
Debra Moon
Lynda Moon
Lindsay Moore
Stephanie O’Brien
Darcel Paschen
Kimberly Ruby
Dawn Salazar-Thibodeau
Lena Shobe
Tami Such
Beatrice Thomas
Amy Vogt
Sonya Wallace
Kimberly Walls
Christi Waller
Cynthia Yonkman

Contact us at fhm@awhonn.org
Modification of Criteria for FHM Intermediate Course Attendees

Over time, we have received queries from individuals and instructors related to the expected level of education and practice one must have accomplished in order to attend and be successful in completing the Intermediate FHM Course. The Intermediate FHM Course is not intended to be the initial fetal heart monitoring (FHM) course one attends and it does not replace a basic/foundation/introduction course or perinatal clinical experience using FHM. Because institutions have varying educational frameworks for educating perinatal clinicians about FHM, the specification that participants have completed at least 6 months of practice with fetal heart monitoring has been modified. The requirements now state that individuals should have completed a basic or foundation FHM course and that they use FHM technology in their perinatal settings. Examples include that course participants may have been practicing 6 months or greater, while in other cases, participants may have completed an introductory FHM course and have utilized FHM technology for 3-6 months.

Please make notes in your Instructor Resource Manuals and in other areas as indicated below. Instructors who print brochures for their Intermediate FHM Courses should make the needed changes reflecting this information.

Intermediate FHM Instructor Resource Manual

1. Distribute textbooks to participants at least three weeks in advance along with:
   - Course location and time
   - Information identifying course prerequisites and expectations
2. Confirm room/equipment/food reservations.
3. Determine, assign and distribute teaching responsibilities to Instructors.
4. Copy Test A for each student and a fewer number of copies of Test B.
5. Reconfirm course room reservations/equipment/meals/food.
6. Reconfirm instructor-led courses.
7. Reserve rooms and audiovisual equipment (plan meals and snack breaks, if applicable).
8. Designate a Course Administrator.
9. Register the course with AWHONN via on-line course request form at www.awhonn.org/fhm to generate a course ID number.
   - To obtain all Instructor ID numbers for registration to assure credit for teaching course and to maintain a 1:12 Instructor: participant ratio.
   - To purchase and receive material for participants.
   - For participants to obtain continuing nursing education (CNE) credit and continuing medical education (CME) credit.

Checklist for Instructors Teaching the Advanced FHM Course

At least 12 weeks before the course

1. Select a date for the course.
2. Reserve rooms and audiovisual equipment (plan meals and snack breaks, if applicable).
3. Designate a Course Administrator.
4. Register the course with AWHONN via on-line course request form at www.awhonn.org/fhm to generate a course ID number.
   - To obtain all Instructor ID numbers for registration to assure credit for teaching course and to maintain a 1:12 Instructor: participant ratio.
   - To purchase and receive material for participants.
   - For participants to obtain continuing nursing education (CNE) credit and continuing medical education (CME) credit.
5. Determine the student registration fee, if applicable.
6. Publicize the course if the participants have not been predetermined. AWHONN provides free advertising via the web site. See Instructor Manual for information to include in brochure.
7. Purchase the course materials
   - Kendall Hunt (1-800-228-0810 or www.kendallhunt.com) for
     i. Advanced Course Student Materials (978-0-7575-7650-8)
     ii. Advanced Course Instructor Resource Manual (978-0-7575-7651-5). Each instructor must have his or her own manual.
     iii. Fetal Heart Monitoring Textbook (978-0-7575-6234-1), one per student for review.

No later than 2–4 weeks prior to the course

1. Distribute textbooks to participants at least three weeks in advance along with:
   - Course location and time
   - Information identifying course prerequisites and expectations
2. Reconfirm course room reservations/equipment/meals/food.
3. Determine, assign and distribute teaching responsibilities to Instructors.

No later than 1–2 days before the course

1. Copy Test A for each student and a fewer number of copies of Test B.
2. Confirm room/equipment/food reservations.
Over time, we have received queries from individuals and instructors related to the expected level of education and practice one must have accomplished in order to attend and be successful in completing the Intermediate FHM Course. The Intermediate FHM Course is not intended to be the initial fetal heart monitoring (FHM) course one attends and it does not replace a basic/foundation/introduction course or perinatal clinical experience using FHM. Because institutions have varying educational frameworks for educating perinatal clinicians about FHM, the specification that participants have completed at least 6 months of practice with fetal heart monitoring has been modified. The requirements now state that individuals should have completed a basic or foundational FHM course and that they use FHM technology in their perinatal settings. Examples include that course participants may have been practicing 6 months or greater, while in other cases, participants may have completed an introductory FHM course and have utilized FHM technology for 3-6 months.

Please make notes in your Instructor Resource Manuals and in other areas as indicated below. Instructors who print brochures for their Intermediate FHM Courses should make the needed changes reflecting this information.

Intermediate FHM Instructor Resource Manual
- Page 4, paragraph 3 (after the bullets): The Intermediate Fetal Monitoring Course is designed for clinicians who have completed a basic or foundational FHM course and who utilize FHM in the intrapartum setting. Clinicians whose only experience is antepartum patient care, antepartum fetal heart assessment or limited intrapartum care may need additional didactic and/or clinical experience to gain the required knowledge base. Physicians may attend this program and receive continuing medical education credit for full participation.
- Page 8, Learning Pathway
- Page 10, Target Audience, first paragraph, first sentence
  “The AWHONN Intermediate Fetal Monitoring Course is designed for registered nurses and physicians who have completed a basic or foundations FHM course and who use fetal heart monitoring technology in the perinatal setting.”
- Page 11, Expected Level of the Learner: “The Intermediate Fetal Monitoring Course builds on the knowledge and skills of experienced nurses and physicians. It is designed for registered nurses and physicians who have completed a basic or foundations FHM course and who use fetal heart assessment and monitoring technology in a perinatal setting. It is not an introductory-level fetal monitoring course.”

Intermediate Student Materials Book
- Page v, Target Audience, “The Intermediate Fetal Heart Monitoring Course is designed for healthcare professionals who have completed a basic or foundations FHM course and who use fetal heart assessment and monitoring technology in the perinatal setting. Clinicians whose only experience is antepartum patient care, antepartum fetal heart assessment or limited intrapartum care may need additional didactic and/or clinical experience to gain the required knowledge.”

Advanced FHM IRM
- Page 4, Instructor—Led Courses, Intermediate Fetal Monitoring Course, second paragraph after the bullets, “The Intermediate Fetal Monitoring Course is designed for clinicians who have completed a basic or foundations FHM course and who use fetal heart monitoring in an intrapartum setting. Clinicians whose only experience is antepartum patient care, antepartum fetal assessment or limited intrapartum care may need additional didactic and/or clinical experience to gain the required knowledge base. Physicians may attend this program and receive continuing medical education credit for full participation.”
- Page 9, Learning Pathway

Instructor Trainer Materials: Intermediate Instructor Administrative Guidelines
- Page 8, Instructor-Led Courses, second paragraph (after bullets): "The Intermediate Fetal Heart Monitoring Course is designed for healthcare professionals who have completed a basic or foundations FHM course and who use fetal heart assessment and monitoring technology in the perinatal setting. Clinicians whose only experience is antepartum patient care, antepartum fetal heart assessment or limited intrapartum care may need additional didactic and/or clinical experience to gain the required knowledge.”
- Page 11, Fetal Heart Monitoring Learning Pathway

If you have questions or wish to discuss special situations related to participants who wish to attend your Intermediate FHM Courses, please contact us at fhm@awhonn.org.
| 3. Visit the room and determine set-up for course. |
| 4. Assemble materials for the course. |
| - Course presentation CD-ROM |
| - Sign-in sheets |
| - Course packets, if applicable |
| 5. Meet with Instructors to review expectations and responsibilities. |
| 6. Practice using AV equipment and check for malfunctions. |
| 7. Prepare signs for course room location, if applicable. |

**Day of the course**

1. Arrive early to set up course materials.  
2. Designate time keepers to assure adherence to time schedule  
3. Arrange for retesting if applicable

**Within five days after course**

1. Copy all forms:  
   - Sign-in sheet  
   - CNE/CME scan forms (have the participants remove the bottom tab from the scan form, which provides information about the certificate web site)  
   - Instructor Evaluation Forms, if applicable  
   - Fetal Heart Monitoring Program Administrators Post-Course Survey  
2. Shred or secure test copies.  
3. Complete Fetal Heart Monitoring Program Administrators Post-Course Survey, if applicable.  
4. Send original forms to AWHONN at 2000 L Street, NW, #740, Washington, DC 20036  
   Instructor Evaluation Forms, if applicable  
5. Send original forms to AWHONN Processing Center at the new address 22580 Glenn Drive, Suite 180, Unit#14 Sterling, Virginia 20164  
   - Sign-in sheet  
   - CNE/CME scan forms  
   - Fetal Heart Monitoring Program Administrators Post-Course Survey

Reference: Advanced Instructor Resources Manual, page 53
Intermediate Course Cheat Sheet by Christina Rust

We appreciate Christina Rust, an Instructor Trainer from Kentucky sharing Helpful Hints she created for Intermediate FHM Course Instructors. Ms. Rust has been an AWHONN FHM Program Instructor since 2003 and an Instructor Trainer since 2009.

She fashioned these helpful hints to accompany the guidelines that are in the Intermediate FHM Course Instructor Resource Manual. Please note that Resource Manual reference pages are included.

We hope you find the hints listed valuable, and we invite you to submit your hints for supporting your Instructor colleagues.

1. Welcome to ______________________ (name of facility).
2. Introduce all AWHONN FHM Instructors.
3. Each Instructor must make a disclosure statement as to any financial relationship they may have with any company or product discussed during the course. (See Course Slides).
4. Have course participants introduce themselves; to include where they are from, their years of experience, in what clinical areas/settings.
5. Give directions to the bathroom, vending machines, or other places to get food.
6. Place cell phones and pagers on vibrate.
7. Refer to course syllabus for breaks and lunch times.
8. Lunch is on their own. (This depends on each facility; some Instructors include lunch in their fee structure.) Ask participants if they wish to eat at the place where the class is held or go somewhere else to eat. Instructors may need to adjust the length of the time for lunch.
9. Remind participants this is an interactive class and that they are welcome to ask questions and participate as much as possible in the group discussions.
10. The class is produced by AWHONN which is a professional nursing organization for perinatal nurses. If participants do not belong, they may wish to consider joining. The membership fee is $168.00 annually and can be deducted for about $14.00 per month. Members receive the two AWHONN journals – Journal for Women’s Health and JOGNN – The Journal of Obstetric, Gynecologic, and Neonatal Nursing; discounts on AWHONN classes and publications, and updates that affect nursing practice. There is a membership application on page 17 of the Student Materials Book.
11. Open the envelope and fill out the participant information on the top section of the form.
12. Complete the Course # (Instructors may write the course number on a flip chart or chalkboard for participants to copy).
13. Have participants mark whether they are an AWHONN member and write in their member number.
14. Have participants write in their Personal Identification information (Last 4 digits of their SSN and their birth date month using two digits for each entry).
15. On the back of the form have participants write the Instructors names and their AWHONN numbers (Use a flip chart or chalkboard and write the Instructors names and AWHONN numbers for participants to copy).
16. Remind participants to bring this form back on their second day of the course or Instructors may write the form in their entirety prior to leaving the course at the end of the second day.
17. Verify that participants have signed in on the AWHONN sign-in sheet. There is a separate form for each day. (See Pages 115 and 116 of the Instructor Resource Manual for the Intermediate course) These forms can be reproduced by Instructors.

Format for Day 1:

a. Slides/lecture with case presentations & FHM tracing interpretations:
   i. Instructions to participants at end of Day 1
      a. Review the information on pages 3-8 in your SMB. Bring this book and your evaluation form back tomorrow (unless the Instructor keeps the evaluation form).
      b. Instruct participants to be familiar with the Key Physiologic Goals and supportive actions for labor (Page 109 SMB) this information is also found in the FHM/PP textbook on pages 138-151.

b. Practice Portion:
   i. Practice Exercise #1 on Page 207 in the SMB – Advise participants to document their interpretation of the characteristics of the tracing in Practice Exercise 1 on page 207; the answers are on page 209 of the SMB.
   ii. Practice Exercise #2 on Page 211 with flow sheet on page 213 in the SMB. Have participants record a brief description of what they would report to another provider about the tracing on page 211; the answers are on page 215 of the SMB.

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   (name of facility).
2. Introduce all AWHONN FHM Instructors.
3. Each Instructor must make a disclosure statement as to any financial relationship they may have with any company or product discussed during the course. (See Course Slides).
4. Have course participants introduce themselves; to include where they are from, their years of experience, in what clinical areas/settings.
5. Give directions to the bathroom, vending machines, or other places to get food.
6. Place cell phones and pagers on vibrate.
7. Refer to course syllabus for breaks and lunch times.
   Lunch is on their own. (This depends on each facility; some Instructors include lunch in their fee structure.) Ask participants if they wish to eat at the place where the class is held or go somewhere else to eat. Instructors may need to adjust the length of the time for lunch.
8. Remind participants this is an interactive class and that they are welcome to ask questions and participate as much as possible in the group discussions.
9. The class is produced by AWHONN which is a professional nursing organization for perinatal nurses. If participants do not belong, they may wish to consider joining. The membership fee is $168.00 annually and can be paid deducted for about $14.00 per month. Members receive the two AWHONN journals – *Journal for Women’s Health and JOGNN – The Journal of Obstetric, Gynecologic, and Neonatal Nursing*; discounts on AWHONN classes and publications, and updates that affect nursing practice. There is a membership application on page 17 of the Student Materials Book.
10. Student Materials Book (SMB)
   a. This book is for participants to keep. It includes the slides for today’s course and other paperwork that will be used during skills demonstration. Follow the Power Point Slides as we go through the course material to-day and make notes in the area provided.
   b. Open your Student Material Book (SMB) and remove the white envelope inside the front cover.

Format for Day 1:
Slides/lecture with case presentations & FHM tracing interpretations:
   a. Instructions to participants at end of Day 1
      i. Review the information on pages 3-8 in your SMB. Bring this book and your evaluation form back tomorrow (unless the Instructor keeps the evaluation form).
      ii. Instruct participants to be familiar with the Key Physiologic Goals and supportive actions for labor (Page 109 SMB) this information is also found in the FHIMMP textbook on pages 138-151.
   (1) Maximize uterine blood flow – pg. 111- SMB
   (2) Maximize umbilical circulation – pg. 112 – SMB
   (3) Maximize oxygenation – pg. 112 – SMB
   (4) Reduce uterine activity – pg. 115 – SMB
   (5) Support maternal coping and labor progress – pg. 110 SMB
   iii. For the FHR Auscultation station participants will need a watch with second hand.

   Note: Instructors may present the Skills Stations in different orders depending upon their classroom space, the number of participants and the number of Instructors who are teaching. The following suggestions are universal.
   1. Utilize the Intermediate Fetal Monitoring Course Competence Validation form on pages 181-182 of the SMB to document the participant’s Skills Stations outcomes.
   2. Review of Case Studies and Short Practice Tracings (see pages 66-69 of Intermediate Instructor Resource Manual and the Case Study 1, 2 books and the Short Practice Strips Books)
      Take about 30 minutes to review the Case Studies and 30 minutes to do the Short Practice tracings. Divide participants into groups of two to work together. Use Pages 185-205 in the SMB for the Short Practice Tracing documentation. Walk around the room and provide guidance as participants work through the exercises.
   3. Instructional Test consists of 50 multiple choice questions; 80% to (pass of 40-50). One hour is designated for the test.
      Participants should not leave the room once they have started the test.
   a. Make a copy of Test A (from the Instructor Resource Manual) for each participant. Number each test so you can account for all of them when they are turned in. Make a few copies of Test B and number them also. Test B may be needed if a participant is not successful in scoring 80% on Test A.
   b. Make a test answer sheet for each Instructor. Number these also. (It is helpful to make Test A answer sheets one color and Test B answer sheets a different color to clearly differentiate them).
   c. Grade the tests individually. Allow participants opportunity to review their tests with attention to questions they answered incorrectly.
   d. Write participant’s test score on the bottom of their scan form.
   e. Mark “pass” on participant’s Competence Validation Form (page 181 of SMB).
   f. Verify all copies of tests and answer sheets are accounted for.
   g. Make arrangements for retesting with Test B if needed.
   a. Practice Portion:
      i. Practice Exercise 1a on Page 207 in the SMB – Advise participants to document their interpretation of the characteristics of the tracing in Practice Exercise 1 on page 207; the answers are on page 209 of the SMB.
      ii. Practice Exercise # II on page 211 with flow sheet on page 213 in the SMB. Have participants record a brief description of what they would report to another provider about the tracing on page 211; the answers are on page 215 of the SMB.
      iii. Testing Portion of Communication Skill Station:
         i. Exercise I – Test, Part A – Read the patient scenario on Page 217 and review the two tracing segments on page 219 of the SMB. Instruct participants to document entries for 1515 and 1530 on the flow sheet page on page 221 of the SMB.
         ii. Exercise I, Test, Part B – Have participants document their verbal response to the physician on page 217 in the area provided.
         iii. The Instructor Answer Key, pages 1-3 are provided with the power point slides.
   iv. Practice Exercise II – Refer participants to Page 225 of the SMB. Advise them this segment will utilize the Communication DVD and that they will be critiquing the video for four elements of communication that are omitted during the initial segment when one nurse reports to her nurse colleague. The four elements are to be written in the blank on page 225 of the SMB. Stop the DVD after the initial segment and replay it to facilitate participants identifying the omitted components of patient report. Advise participants to use the Skill Station Worksheet on pages 227-231 as they view the DVD and to fill in the data included and omitted from report throughout the remainder of the DVD. Refer to pages 73-80 of the Intermediate Instructor Resource Manual and pages 4-10 of the Instructor Answer Key for answers and for discussion points for this segment.
   v. Score the participant’s Course Competence Validation form as indicated.
   5. Leopold’s Maneuvers Station (See pages 58-60 of Intermediate Instructor Resource Manual):
      a. View DVD about Leopold’s Maneuvers.
      b. Each participant must demonstrate performing Leopold’s Maneuvers.
      c. Have each participant set up the model for the next participant to practice.
      d. Mark “pass” on the Course Competency Validation form (page 181 of SMB).
      a. Participants need pieces of fetal monitor paper and a watch with a second hand as they listen to the CD of FHIM recordings. It may be helpful for them to listen for
6 seconds and multiply by 10 to determine the FHR and draw it out on the FM paper. This exercise may be confusing for some people.

b. Tell participants that one beep is sounded at the beginning of the contraction and two beeps are sounded at the end of the contraction. Advise them that not all cases have contractions.

c. Each recorded segment lasts 5 minutes.

d. There are 6 prerecorded segments on the CD (segments 1-6). Play one from Cases 1-3 and one from Cases 4-6 and have participants document their answers on the Competence Validation form found on page 181 in the SMB. Participants are to identify FHR baseline, rhythm, increases, decreases, at least 2 clinical interventions, and have participants identify the same aspects as they did with the testing portion. Some instructors choose to use Case 8 that has an irregular rhythm.

e. Discuss the participants’ interpretations and provide feedback. Show them the tracings that correspond with the segments (See the Answer Key pages 11-22).

f. For the test portion of the station, play one case in the 7-9 group and one case in the 1-12 group and have participants identify the same aspects as they did with the testing portion. Some instructors choose to use your files. Keep a copy of the course sign-in sheets.

g. Grade and review as a group.

h. Mark “pass” on the Course Competence Validation form (page 181 of SMB).

7. FSE/JUCP Station (See pages 64-66 of Intermediate Instructor Resource Manual):

a. View DVD video of FSE/JUCP placement.

b. Each participant is to demonstrate insertion of FSE and JUCP (even if they do not perform these skills in their institution or their state).

c. Mark “pass” on the Course Competence Validation form on Page 181 in the SMB.


a. All participants must complete the back of the feedback form:
   1. Course evaluation (Objectives found on Page 21 – Slide #2 of SMB).
   2. Instructor(s) Evaluation.
   3. Instructor must sign the Proof of Attendance portion at the bottom of the scanform; this serves as a temporary validation of course completion. (bottom of scanform and mark “Pass” on it). Also write down their Integration Test score, date and location of test, and course number. Tear off this portion and give to participants.

b. Tell participants they can go to: www.dspeg.com/AWHONN in 21 business days to print their contact hour (CNE) certificate.

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9. Tell participants they can go to: www.dspeg.com/AWHONN in 21 business days to print their contact hour (CNE) certificate.

10. Collect pages 183-221 of the SMB from the participants.

11. Make copies of all of the scantron forms (both sides) for Case 8 that has an irregular rhythm.


13. Mail these documents within 5 days after course completion: (See Page 118 of your Instructor Manual):

- Copy of the Sign-in sheet
- All original Scantron forms
- Fetal Heart Monitoring Program Instructors/Administrators Post-Course Survey

14. Mail forms to the new address:

AWHONN Processing Center
22580 Glenn Drive, Suite 180, Unit #14
Sterling, VA 20164

Important Notice

Fetal Heart Monitoring Newsletter

AWHONN has made a significant commitment to support AWHONN’s Intermediate and Advanced courses. The grant from Philips will help AWHONN to continue to provide important fetal heart monitoring education.

Contact us at fhm@awhonn.org
6 seconds and multiply by 10 to determine the FHR and draw it out on the FM paper. This exercise may be confusing for some people.

b. Tell participants that one beep is sounded at the beginning of the contraction and two beeps are sounded at the end of the contraction. Advise them that not all cases have contractions.

c. Each recorded segment lasts 5 minutes.

d. There are 6 practice segments on the CD (segments 1-6). Play one from Cases 1-3 and one from Cases 4-6 and have participants document their answers on the Competence Validation form found on page 181 in the SMB. Participants are to identify FHR baseline, rhythm, increases, decreases, at least 2 clinical interventions and discuss the participants’ interpretations and provide feedback. Show them the tracings that correspond with the segments (See the Answer Key pages 11-22).

e. For the test portion of the station, play one case in the 7-9 group and one case in the 1-12 group and have participants identify the same aspects as they did with the testing portion. Some instructors choose to use Case #10 that has an irregular rhythm.

f. Grade and review as a group.

g. Mark “pass” on the Course Competence Validation form (page 181 of SMB).

i. Grade and review as a group.

7. FSE/IUPC Station (See pages 64-66 of Intermediate Instructor Resource Manual):

a. View DVD video of FSE/IUPC placement.

b. Each class is to demonstrate insertion of FSE and IUPC (even if they do not perform these skills in their institution or their state).


a. All participants must complete the back of the feedback form:
   1. Course evaluation (Objectives found on Page 21 – Slide #2 of SMB)
   2. Instructor(s) Evaluation.
   3. Instructor must sign the Proof of Attendance portion at the bottom of the scan form; this serves as a temporary validation of course completion. (bottom of scan form and mark “Pass” on it). Also write down their Integration Test score, date and location of test, and course number. Tear off this portion and give to participants.

b. Tell participants they can go to: www.awhonn.org/AWHONN in 21 business days to print their contact hour (CNE) certificate.

c. Collect pages 183-221 of the SMB from the participants.

10. Collect pages 183-221 from the participants.

11. Make copies of all of the scantron forms (both sides) for Case #10 that has an irregular rhythm.


13. Mail these documents within 5 days after course completion: (See Page 118 of your Instructor Manual):
   a. Copy of the Sign-in sheet
   b. All original Scantron forms
   c. Fetal Heart Monitoring Program Instructors/Administrators Post-Course Survey

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Also, if you have multiple white Business Reply envelopes, discontinue usage immediately. AWHONN no longer authorizes usage or provides the Business Reply envelopes with materials for submitting course completion paperwork. Therefore, the U.S. Post Office will no longer deliver the mail to the AWHONN Processing Center using the Business Reply envelope and the course paperwork submitted in the envelopes will not be delivered and/or disregarded.

Important Notice

Fetal Heart Monitoring Team
Judy Conner, RN, BCN, FBN, Childbearing & Newborn Programs, Emily Grimes, FHM/BCN, Childbearing & Newborn Programs
Anne Saint-Osmont, Director, Childbearing and Newborn Programs
Carol Elaine Brown, Nurse Program Development Specialist
Dena Pieno, Manager, Service Delivery Programs
Cindy Wadlow, Administrative Coordinator, Service Delivery Programs

Recognizing AWHONN nurses for promoting the health of women and newborns

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